



Resources for LGBTQ Students in Northern Virginia

2013

FPY is a 501-C-3 that delivers essential community education and training, advocates for effective programs and policy development, and builds strong community partnerships...to help youth thrive.

LGBTQ Resources in Northern Virginia & D.C. Metro

Fairfax Partnership for Youth is a 501-C-3 organization that delivers essential community education and training, advocates for effective programs and policy development, and builds strong community partnerships to reduce gaps and redundancies in services for youth.

FPY is striving to improve access to resources, support, and advocacy services for Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning students. We are working to build a team of partners active in LGBTQ advocacy, or want to be, who provide understanding of LGBTQ youth needs and services and any gaps that may exist with getting those needs met.

This is the intro version of our resource packet for LGBTQ youth and their families. We hope to continually develop this resource so that it will eventually include a full array of local contacts for community support and advocacy groups, school and education resources, books, articles, and online resources.

Please submit questions, changes, or comments about this packet to our Community Education Coordinator, Courtney Burkey at Courtney.Burkey@fairfaxcounty.gov.

Local LGBTQ Contacts

CrisisLink

Regional Hotline: 703-527-4077
 National HopeLine: 1-800-SUICIDE
 National Suicide Prevention Lifeline: 1-800-273-TALK
 Darkness to Light Child Sexual Abuse Hotline: 1-866-FOR-LIGHT

Fairfax Partnership for Youth – General Resources and Referrals/Guidance

Contact: Kristen Brennan
 Phone: 703-324-5703
 Email: Kristen.Brennan@fairfaxcounty.gov
 Website: www.fairfaxyouth.org

Gay, Lesbian, and Straight Education Network – Training

Contact: David Hish or David Aponte
 Email: Info@GLSENNorthernVirginia.org
 Phone: (703) 366-1090
 Website: www.glsennorthernvirginia.org

George Mason University, Office of LGBTQ Resources

Phone: 703-993-2702
 Address: Student Union Building I, Room 2200
 4400 University Drive
 Fairfax, VA 22030
 Website: <http://lgbtq.gmu.edu/>
 *Provides presentations to the general community

PFLAG (Parents, Families and Friends of Lesbians And Gays) Groups

Fairfax County

Fairfax LGBTQ Youth (FLY)

Contact: Carol Lewis
 Email: wf.pflag@gmail.com
 Meeting Location: Unitarian Universalist Congregation of Fairfax
 2709 Hunter Mill Road
 Oakton, VA 22124

Fairfax Trans* Families group

Contact: Libby McKnight
 Email: mcknyt@gmail.com
 Meeting Location: City of Fairfax Regional Library
 10360 North Street
 Fairfax, VA 22030

Prince William County**PFLAG Prince William County Community Group**

Contact:

Email: pflag.pwc@gmail.comMeeting Location: Bull Run Unitarian Universalist Church
9350 Main Street
Manassas, VA 20110Loudoun County**Loudoun Out Loud (L.O.L.)**

Contact: Lori Stevens

Email: loudounoutloud@gmail.comMeeting Location: Unitarian Universalist Congregation of Loudoun
20460 Gleedsville Road
Leesburg, VAArlington**ALY-Arlington LGBTQ Youth**

Contact:

Email: aly.pflagdc@gmail.comMeeting Location: Arlington Unitarian Universalist Church
4444 Arlington Blvd
Arlington, VAWashington, D.C.**NW DC Teen group (ages 14 to 18)**

Contact: Joshua J. Bartell

Email: joshuajbartell@gmail.comMeeting Location: Metropolitan Memorial United Methodist Church
3401 Nebraska Ave. NW,
Washington, DC 20016Maryland**Cedar Lane**

Contact:

Meeting Location: Cedar Lane Unitarian Universalist Church
9601 Cedar Lane
Bethesda, MD 20814Washington, D.C.**SMYAL (Support and Mentoring Youth Advocates and Leaders)**Email: SupporterInfo@smyal.orgAddress: 410 7th Street, SE
Washington DC 20003-2707

Phone: 202.546.5940

Website: www.smyal.org

LGTBQ Basics

What is LGBTQIA?

LGBTQIA is an acronym that stands for gay, genderqueer, lesbian, bisexual, transgender, transsexual, questioning, queer, intersex, ally and asexual. This acronym is also commonly written as GLBT, LGBT, and other variations.

**All definitions below are adapted from Trans-Academics.org (this website is now defunct).*

Lesbian

A girl or woman who has significant (to oneself) sexual or romantic attractions primarily to members of the same gender or sex, or who identifies as a member of the lesbian community.

Something our lesbian students may want to think about is rooming with someone who is not your partner, especially during your first year at school. Because many of our students are living with someone else for the first time, this tends to put unnecessary stress on relationships. Many couples who choose to live together their first year of college may also break up, creating an awkward living situation, as well.

Gay

One who has significant (to oneself) sexual or romantic attractions primarily to members of the same gender or sex, or who identifies as a member of the gay community. May be of any gender identity, but often is used to refer to gay males.

Genderqueer

A person who feels they don't fit in society's gender binary. Often, but not always, this identity includes a political desire to challenge society's gender norms and gender identity.

Bi(sexual)

One who has significant (to oneself) sexual or romantic attractions to members of both the same gender and/or sex and another gender and/or sex, or who identifies as a member of the bisexual community.

Transgender (Trans)

A person who transgresses gender norms and self identifies as transgender. Often used as an umbrella term which can, but does not necessarily, include androgynes; cross dressers; genderqueers; non-, bi-, or third-gendered people; drag queens and kings; men; women; two-spirit people; genderbenders; intersex people; transsexuals and others. Transgender people can have any sexual orientation.

LGTBQ Basics

Transsexual (TS)

One who changes one's sex to align with one's gender identity. People who live as a member of a different gender than they were assigned at birth prefer to be called man or woman as appropriate for their chosen gender. May be of any gender identity.

Queer

Reclaimed derogatory slang for the sexual minority community (e.g., Queer Nation). Not accepted by all the sexual minority community, especially older members.

Questioning

One who is in the process of questioning their sexual identity/orientation/preference.

Intersex

One whose external genitalia at birth do not match the standards for male or female, or one whose sex glands do not totally match the sex assigned at birth, or one whose sexual development does not match the sex assigned at birth.

Ally

A person who confronts homophobia, heterosexism, heterosexual privilege, biphobia, transphobia and society's gender norms in themselves and others on both a personal and institutional level.

Asexual

One who has no significant (to oneself) interest in sexual activity, or who identifies as asexual.

Online Resources for Students and Parents

Born This Way Foundation, <http://bornthiswayfoundation.org/>

GLSEN (Gay, Lesbian, Straight Education Network), <http://www.glsenorthernvirginia.org>

Lambda Legal, Explains legal rights for LGBTQ Youth, <http://www.lambdalegal.org/know-your-rights/youth>

Trevor Project, <http://www.thetrevorproject.org/>